

# PERSONAL MISSION STATEMENT

Think of this Personal Mission Statement as what leads you to the life you desire. If you were your own cooperation, this would be your company's *Mission Statement*.

**How do you want your ideal future to be? How do you want to feel in your ideal future?** How different would your world be if you could live like that all the time?

So, now create your own, **Personal Mission Statement** while keeping those good feelings of complete fulfilment in mind. Below is a list of feeling words. **Circle the words that best described those feelings - (circle as many as you want).** Take your time and really think about this. Remember this is **how YOU want to feel** – you call the shots.

**Now, put a star by your top 3 feelings**, the ones that keep repeating in your head, over and over. The ones that you really connect with and want to be a part of your life.

**Now you can then create your statement:**

Ex: I want to have a life filled with \_\_\_\_\_,  
\_\_\_\_\_, and  
\_\_\_\_\_.

(I want to have a life filled with peace, joy, and courage).

OR

Ex: I want a \_\_\_\_\_.  
\_\_\_\_\_ life.

(I want a joyful, fun-filled, passionate life.)

*If too many words come to mind, or you get stuck in the story, then ask yourself:  
If I had that, then what would I feel?*

ABUNDANT	LOVED	INTERESTING
ACCOMPLISHED	ACCEPTANCE	INTUITIVE
ACHIEVING	LIGHT	INVENTIVE
ACTIVE	FREE	INVINCIBLE
ADMIRABLE	FUN-FILLED	INVITING
ADVENTUROUS	GRACE-FILLED	MOTIVATED
AGREEABLE	SPIRITUAL	NATURAL
JOY	MOTIVATED	NEAT
PEACE	PASSIONATE	NICE
COURAGE	SATISFIED	NURTURING
STRENGTH	SMART	NOBLE
BEAUTY	HOPEFUL	OPTIMISTIC
BRAVE	PLAYFUL	PERSISTENT
BOLD	FEARLESS	PLAYFUL
SERENTIY	ENERGETIC	PLEASING
RELAXED	ELATED	PLENTIFUL
HAPPY	TRANQUIL	POSITIVE
CONTENT	CONFIDENT	RELIABLE
QUIET	CALM	REMARKABLE
STILL	CARING	RESOLUTE
PROUD	BOLD	RESOURCEFUL
PRIDEFUL	INSPIRED	
LOVING	INTELLIGENT	
	INTERESTED	

RESPECTED

TRUSTING

WELL

PREPARED

TRUTHFUL

WHOLE

PRODUCTIVE

VALUABLE

WISE

SAFE

VERSATILE

WONDERFUL

SATISFIED

VIBRANT

WORTHY

SECURE

VICTORIOUS

THANKFUL

VIGOROUS

THRIVING

WARM

