

Bishop Lynch High School is excited to have SAGE Dining Services® as our new dining service provider. We take pride in the selection we offer, and we hope you are pleased by how much your student enjoys his or her lunch every day.



Here at Bishop Lynch, our students will be treated to *real* food, cooked from scratch. SAGE's talented chefs ensure that every dish is free of trans fats and made from fresh, local ingredients. Students will have the opportunity to choose from a wide range of healthy options every day.

**SAGE Spices Up
Lunch!**

**The culinary team will
be introducing special
theme meals to the
lunch menu this year.**

To guide our students' dining selections, SAGE's Spotlight Program® assigns a spotlight color to each item on the menu. Green is for highly nutritious foods that should be enjoyed often: Fruits and vegetables, whole grains, lean meats and dairy products.



Most foods we consume have yellow dots: These are good choices, especially when paired with green dot items. Red dots are reserved for items we should enjoy sparingly because they contain higher levels of fats, salt or added sugar.

**Cashless dining
program coming soon.
SAGE offers parents access to
their student's dining account
through a website called My
Kids Spending. Later this
month, details will be sent
on how to set up an account
through the Bishop Lynch
website.**

